



**School of Health and Exercise Sciences - HES 490 (Project in Human Kinetics)**

**Student Name:**

**Student Number:**

**Email:**

**Concentration:** Clinical Exercise Physiology  Health Promotion

**Supervisor:**

**Term:**

Winter Term 1    Winter Term 2    Winter Session    Spring Term 1    Summer Term 2    Summer Session  
 Sep-Dec (3 cr)    Jan-Apr (3 cr)    Sep-Apr (6 cr)    May-Jun (3 cr)    Jul-Aug (3 cr)    May-Aug (6cr)

**Course Requirements**

**Course Description:** Provides opportunities to perform research pertaining to a chosen area of Human Kinetics as agreed upon by a faculty member and student. No more than 6 credits in total will be granted for HMKN 499. No more than 9 credits for the combination of HMKN 499, HMKN 401 and HMKN 402.

*Prerequisite:* HMKN 205; HMKN 206; 3rd-year standing in HK and Permission of the School Director.

Students are expected to devote approximately 6 hrs per week for the entire semester (16 weeks). It is recognized that some weeks may involve a few hours and some weeks may involve a few less but on average 6 hours per week. Over the course of these 16 weeks students must be involved in **at least 1 component within each of the following 3 learning objectives:**

**Learning Outcome 1: To be able critically examine the literature within a specific field of study.**

- Literature review
- Annotated Bibliography
- Development of a research question/hypothesis based on identified gaps within the literature

**Learning Outcome 2: To gain hands-on experience in the research process**

- Assist in designing an intervention or study protocol or new pedagogical tool or technique
- Assist in the implementation of the intervention or protocol or tool/technique
- Assist with data collection
- Involvement in data analysis

**Learning Outcome 3: To be able to disseminate the work and experience in which the student was involved.**

- Manuscript style paper
- Verbal or Poster Presentation to a research lab or conference
- Knowledge translation activity to a relevant community/organization

**Breakdown of the components the students will be involved in and the % of grade associated with each component:**

Component	Hours	Grade Breakdown

**Provide a title and description of the project**

Does this project require ethics? YES      NO      Student has completed TCPS2

Ethics Approval #

By checking this box I understand that HMKN 499 is a pay per credit course:

Student signature:

Date :

Professor Signature

Date :

**\*Once signatures have been obtained please email the completed PDF to [carli.tingstad@ubc.ca](mailto:carli.tingstad@ubc.ca).**